

Niacin and Niagen

Niacin →

History & Current Usage:

- https://www.sciencedirect.com/science/article/pii/S0002914908002531?casa_token=cNfMbpbwqYoAAAAA:ue9Ylie-cuqJccZeNgfIIWg3XkLUBwBuJkAUymCw_Ycr5vW78AAapJZzwHBP4n_TkLjb-RqQHt4
 - Mechanism of Action of Niacin
- https://www.sciencedirect.com/science/article/pii/S0002914906022363?casa_token=w-VEP7Cu4_4AAAAA:_AnKH-MhZcLHneXX5Otwj6cnQ3NmiHDgSGDMYGU0o-3_hTB4C7sL3Bc459S8nYmcPPSwQcgM9iI
 - Safety Considerations with Niacin Therapy
- <https://journals.sagepub.com/doi/full/10.1177/1753944711419197>
 - The Facts Behind Niacin
- <https://www.onlinejacc.org/content/61/4/440.abstract>
 - The Current State of Niacin in Cardiovascular Disease Prevention
- <https://www.jlr.org/content/49/6/1195.short>
 - Niacin Inhibits Surface Expression of ATP Synthase β chain in HepG2 Cells: Implications for Raising HDL

Niagen →

History & Current Usage:

- <https://www.nature.com/articles/s41598-019-46120-z>
 - Safety and Metabolism of Long-term Administration of NIAGEN (nicotinamide Riboside Chloride) in a Randomized, Double-Blind, Placebo-controlled Clinical Trial of Healthy Overweight Adults
- https://www.sciencedirect.com/science/article/pii/S0924224417303552?casa_token=5bIP23caMWAAAAA:V-IQVh06Yug8q0YIjDIB64pCbQu4AAVktaqG-R972L7D3lk8ucNvNKbtrU9IBvk8kYI3g4z8cGs
 - Vitamin B3 Forms as Precursors to NAD⁺: Are They Safe?
- <https://www.atlantis-press.com/journals/artres/125930181/view>
 - Nicotinamide Riboside Supplementation Reduces Aortic Stiffness and Blood Pressure in Middle-aged and Older Adults
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6878970/>
 - Understanding the Physicochemical Properties and Degradation Kinetics of Nicotinamide Riboside, a Promising Vitamin B3 Nutritional Supplement
- https://www.nature.com/articles/s41467-018-03421-7?_ga=2.144382133.1893759437.1541289600-1432547376.1541289600
 - Chronic Nicotinamide Riboside Supplementation is Well-tolerated and Elevates NAD⁺ in Healthy Middle-aged and Older Adults